

2004 MIAC Men's Indoor Track & Field Athletes of the Week

March 2, 2004

Track - University of St. Thomas **4x400** squad ran 3:16.97 at the St. Olaf Qualifier on Saturday. The time broke the all time conference record of 3:18.38 set by UST last season and currently ranks them 2nd on the NCAA list. UST 4x400 runners:PJ Thiesen (FY, New Prague, Minn.), Carson Glad (JR, Cold Spring, Minn./ROCORI), Cassidy Glad (JR, Cold Spring, Minn./ROCORI), Jason Schwietz (JR, Forest Lake, Minn.)

Field - Saint John's University junior **Paul Ferber** (St. Cloud, Minn./Tech) jumped 46' 122" in the triple jump, which is a provisional qualifying distance.

February 25, 2004

Track - Gustavus Adolphus College sophomore **Jack Henkemeyer** (Plymouth, Minn. / Armstrong) recorded provisional qualifying times in the 400 with a time of 49.50 and finished in second place at the Snowshoe Open held at the Univ. of Minnesota . Henkemeyer also placed second in the 200 with a time of 22.44

Co-Field - Saint John's University sophomore **Matt Hawn** (Eau Claire, Wis.) finished in 2nd place in the pole vault at the SJU Quad with provisional qualifying mark of 4.63 meters (15-2 1/4). Hamline University senior **Will Sallee** (Spencer, Wis.) won the SJU Quad with provisional height in the high jump. 6-7.50. The jump lists Salle with the highest jump in the MIAC so far this season.

February 17, 2004

Track - Matt Hooley, Carleton College

Field - Matt McLaughlin, University of St. Thomas

February 10, 2004

Track - Augsburg College senior **Jason Edwards** (Fergus Falls, Minn.) ran a school record 1:24.81 600 meters at the MSU Open in Mankato. This is the top 600 meter time in the MIAC this year.

Field - St. Olaf College sophomore **Peter Cathcart** (Lakeville, Minn.) won two events at the Saint Mary's Cardinal Invitational this weekend. Cathcart threw the shot put in 15.16 (49'-9") to take the lead in the latest MIAC Rankings. He also won the 35# weight throw in 14.99 (47'-6 1/2") for a new St. Olaf school record and a throw which ranks him second on the latest MIAC Rankings.

February 3, 2004

Track - Carleton College senior **Matt Hooley** (Columbia, Mo.) 2003 Indoor Track & Field All-American, won the 3000m in a Carleton fieldhouse record time of 8:32.21 at the Carleton Men's Open. This is one of the fastest 3000m races run the MIAC since 1985. Hooley now has the top times in the MIAC in both the 1000m and 3000m.

Field - Carleton College junior **Eric Smith** (Iowa City, Iowa) captured the shot put for the 2nd week in a row while winning the Carleton Men's Open with a throw of 48'5". Smith now has the two best throws in the MIAC.

University of St. Thomas first-year **PJ Theisen** (New Prague, Minn.) performed well at the Iowa State meet. Theisen took seventh in the triple jump (45-2 1-2) and ninth in the long jump (22-5 1-2). Both are within nine and five inches, respectively, of NCAA provisional marks, and the triple ranks him No. 8 on the all-time UST indoor list. Theisen also ran the second leg of the 4x400.

January 27, 2004

Track - Augsburg College senior **Mathew Shannon** (Minneapolis, Minn./Washburn HS) completed the 400m in 48.71 at the University of Minnesota meet on January 24. The time was a NCAA Provisional Mark and is currently the fastest in the MIAC.

Field - St. Olaf College sophomore **Peter Cathcart** (Lakeville, Minn.) won the 35# weight throw with a 14.50 M (47'-7"). The distance was a personal best and his first time over 14 meters. Cathcart also placed second in the shot put with a 14.64 M (48'- 1/2"). It marked the first time in his collegiate career that he has thrown the weight close to his shot put performance.